

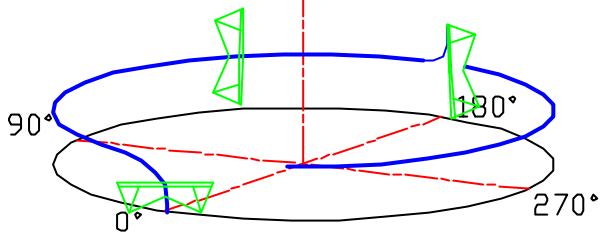
# CHALLENGE INDOOR 2003

## Figures imposées 4 fils

4 F

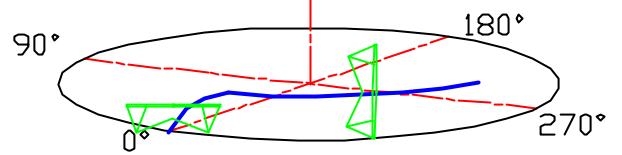
DEPART DEVANT LES  
JUGES VERS LA  
DROITE  
180°  
RETOURNEMENT  
POINTE VERS AVANT  
JUSQUE 0°

A



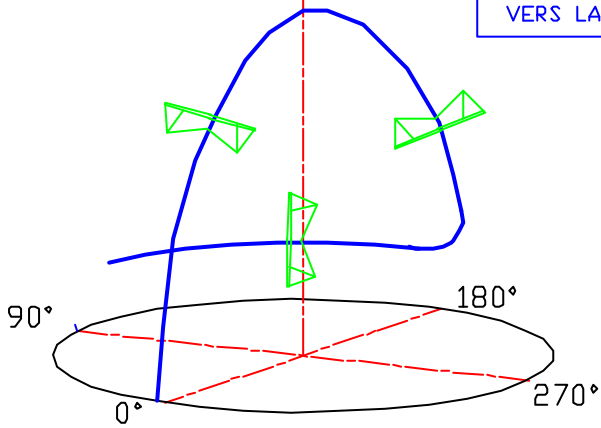
0°  
POSE 2 POINTES

B



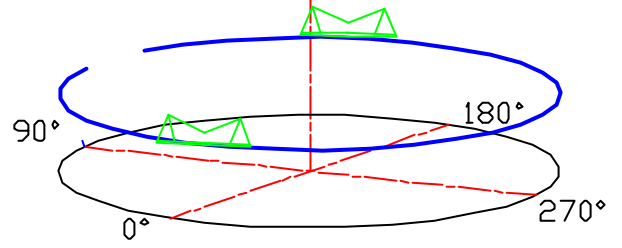
C

AU 0°  
TOP LA TETE  
AU 180°  
VERS LA GAUCHE



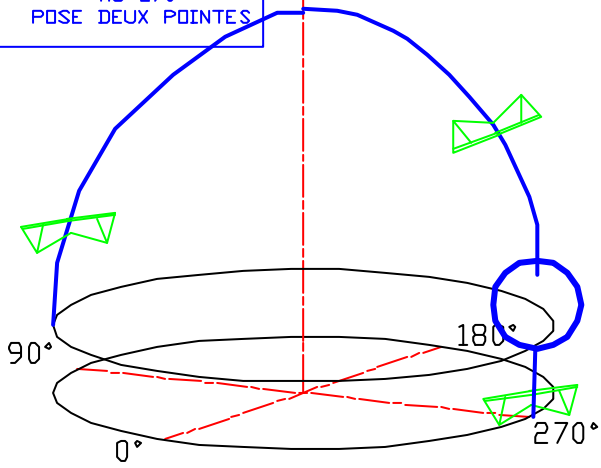
D

AU 90° SIDE WAY  
VERS LA DROITE



AU 90° TOP LA TETE  
AU 270°  
POSE DEUX POINTES

E



RATTRAPER MAIN

F

